

## Hmong United Family, Inc.

### Sepak Takraw RULES in 2022

**GENERAL RULES: Takraw, Kator, or Cane ball. All Players always have to follow the general rules is Our Priority for Safety for all on this 40th Tournament.**

**Basic Rules: Any Division is following the same Rules**

#### **Ball**

Considered as the most essential equipment of the game, the ball is spherical in shape and usually made of synthetic fibred. In some cases, a hand woven layer is also used. Initially, the ball was made up of rattan strips which were gradually replaced by synthetic strips. Usually the ball has a maximum weight of **170-180 gram** for men and 150-160 gram for women. Usually the ball has a diameter of 5 inch. Balls made of without synthetic rubber must have 12 holes and 20 intersections with a maximum circumference of 42- 44 cm for men and 43- 45 cm for women. The ball can be single colored or multi colored but colors impairing player's performance are not allowed. In order to soften the impact of the ball on the player's body, the ball can be made of synthetic rubber or any other soft durable material that is approved by the governing committee.

#### **Net**

1.52 meter Height for men players or **5 feet 2 inches high.**

#### **Court**

13.40 meter long for both side of courts divided into half court equally

1 side is 6.7 meter length x 6.10 meter width

Circle serving Center is 2.45 meter from the back line and 4.25 meter from the middle line and 3.05 meter from the side line with 0.3 meter radius

Both Circles in the middle of the net are 0.3 meter Radio and 0.09 meter

**Score Boards:** 2 Score Boards for both courts. White board/markers as needed it.

**How the game will be playing?** Double Elimination or All Round Robin System depend on how many teams participating on the 40<sup>th</sup> Anniversary Tournament on July 02-03, 2022.

**PPE ALLOWED IN THE GAME:**

Tennis shoes, elbow protection, Knees Protective Gear, Hand Groves, face mask, eyes glasses, jersey, head covering protective, dentures, any implant devices, tattoo, and braiding.

**Team Players are allowed a maximum of 6 players per team with no gender or ethnicity requires, no substitute of 3 players each time or when the set is over. 2 substitutes per player per team per set allow during the set when the ball is faults.**

**Any player can play any position up to the team Captain how they are playing to win the game**

**At least a Division must has a Minimum of 5 Teams per one Division in order to allow this tournament to happen this year with guarantee of the price and Trophies award by Hmong United Family, Inc.**

**Referee's Role**

**Referees have a very important role to play. He is responsible for the coin toss to be held before the start of the game, fouls, and making sure that all players are complying with the rules of the game. No substitution can be made without the referee's permission.**

**Referee:** 4 Referees per game, one blow the whistle watch the net, serve, line for fault make the call, 1 keep score, 2 watch the lines on each side.

**The game starts with a serve.** The team that has to serve first is decided by tossing a coin. The team that has won the toss can either choose to serve or to defend. The game is based on best of 3 sets with 21 points each game and if the

game due at 20-20 there are two points tie break points, the game continue to play and one team must lead by two points to win or until 25-24 points.

**During the serve**, the player must have one of the legs inside the service circle, whereas the other players must stay in their respective quarter circles. Server cannot lift foot off the ground or passes the circle it is fault and other team got the point. Team A for example has three serves and switch to the other team B to serve three times before switches back to team A until a team is winning the points to 21 to 19 or 25 to 24 points game or lead by 2 points like 23-21 or 24-22.

Either the feeder or the striker first tosses the ball to the server who then kicks the ball across the net to the opponent side in their respective quarter circles.

**Tossing the ball** to the server must be done **only after the referee announces the score**. If the throw takes place before the score call, then the ball is thrown again and a warning is given to the serving team.

A serve is called valid only if it passes through the net to the opponent side within the boundary without fault by the players in the court.

In order to respond to the serve, the defending team tries again to pass the ball and only three touches are allowed to pass through the net. A block touch count as one touch, double hits are counted as twice.

Commonly the feeder and the server move around the court to defend the serve of the opposition and set the ball for the striker in two touches.

The game continues till one of the team makes a fault. Once a fault is made by a team, the opponent team gets a point.

**In case a player gets injured and needs immediate treatment, the referee can suspend the game temporarily for five minutes. Each team has the choice to make a substitute during this time out.**

### **Faults Aspects Example:**

- A player fails to pass the ball to the opponent team within three touches.
- The ball hits the ground before being kicked off to the other side.
- The ball lands out of bounds.
- The inside player plays the ball after the score call before passing it to the server.
- **Any inside players lift their foot off the ground, or cross the quarter circle, or touch the net, or not in the circle during tossing of the ball during the serve.**
- **The server jumps off the ground during a serve or lift his/her foot in the circle off the ground.**
- **The server fails to kick the ball once it is tossed by the inside players.**
- The ball does not go to the opponent side after serve.
- The players use any other part of the body besides the legal ones like foot, knee or head.
- The ball hits the hand or arm of a player.
- **The players shout, cursing, use inappropriate language during the game.**
- The player touches the ball at the opponent team side.
- **Any body part, PPE, crosses or touches under or over the net.**
- The player holds the ball under the arm or between the legs before serves.
- The ball hits something on air or objects or catches by someone, something outside during the game, no reserve. Reserve only other Soccer ball or Volley Ball, or someone has enter the court during play.

### **Faults Continues**

- If a player fails to pass the ball to the opponent team within three touches.
- The ball hits the ground before it is kicked off to the other side.
- If the ball lands out of the boundaries.
- The inside players lift their foot, cross the quarter circle, or touch the net during tossing the ball before the serve.
- If the server jumps off the ground during a serve.
- If the server fails to kick the ball once it is tossed by the inside players.
- If the ball does not go to the opponent's side after serving.

- If the players use any other part of the body except the feet, knee, chest and head.
- If any body part of the player crosses the net or is over the net

## **Penalties Continues**

**In some cases the player is given a caution and is shown the yellow card:**

- If the player is playing by unfair means.
- If the player is delaying the re-start of the game.
- If the player enters and exits frequently without referee's permission.
- **If player take off shirt, jersey, shoes or bare foot or feet**
- In some cases the player is sent off and is shown red card:
- **If the player is guilty of serious foul play.**
- **If the player is guilty of conducting violence by causing injury to the opponent players.**
- **If the player either spits or uses any offensive languages against any opponent players.**
- If the player gets two yellow cards in the same game or warning twice.
- **If the player is showing unsporting behaviors which are against the norms of the Sports ethics.**
- If the player is persistently breaking the laws of the game.
- If the player is delaying the re-start of the game.
- If the player enters or re-enters or deliberately leaves the court without taking Referee's permission.
- If the player is guilty of serious foul play.
- If the player is guilty of violent conducts by deliberately trying to injure his opponent players.
- If the player either spits or uses any offensive languages against any of the opponent players.
- If the player gets two yellow cards in the same game

**In case of a fourth yellow card in the same match, the player is suspended immediate**

For the next as well as subsequent matches of that tournament. **In case a player gets a red card**, he is awarded a send-off from the game as well as immediate suspension from playing any tournament until a disciplinary committee is convened and a decision is taken by **Hmong United Family Sport Coordinators, Board members or appropriate staffs.**

Disciplinary actions are taken by **Referee** against any misconduct or disturbances committed by any team officials in or outside of the court. Similar to players, a team official causing disturbances during the game gets suspended immediately till a disciplinary committee is convened and decisions taken.

**It is a Captain Player's** responsible to communicate with your cheer person or fans outside of the court.

**Challenging the Game or Fault called for Reserve or Replay?**

**Only the Team Captain, Coach or Manager can challenge the called. If no Team Captain, no Coach, No manager, you cannot Challenge the other team or players or Referee for Reserve or Replay on the Game!!!!**

**Unresolved the conflict game**, Captain or coach or manager consult with sport coordinator (Ker Xiong, Kator Coordinator or Nyiako Thao All sports Coordinator) before going to resolve with the Hmong United Family, Inc board members.

**Temporary Suspend the Game for some reasons below:**

Lunch Break for players and Referees

Someone is injuries time out 5 minutes to hour depend on the circumstances

There is Rain/thunderstorm, Tornado, lightning, 911

**PPE and other items that are not allow in the court for our Safety preventives**

Not allow anyone who is Not a Kator Player in the competition list enter the court

No soccer shoes wearing in the court or playing in the court

No children, pregnant women coming to the court at any time

No drinking Alcohol or Smoking in court except bottle water for players and Referee

No chewing any Tobacco, eating foods while the in court

Not allow no Shirt or No Shoes, No short in court during play the game

No rings, jewelry, piercing, wrist watch, necklace, bracelet, earrings, hat during the game

No can, no cane, no glass bottle, and walker, **excepts Cane Ball or Kator Ball or Takraw Ball in the court only**

Anyone who is not participated in the Kator tournament or a Kator players if someone is not in the competition game and if s/he is getting injuries in the court or on court premise, Hmong United Family, Inc is not reliable for his/her injuries.

**Anyone who happened to enter the court is on your own risks when referee are not around to watch during games break or time out. Hmong United Family, Inc., Referee, Sport Coordinators are not reliable for any of the injuries.**

**Kator Coordinator: Ker Xiong July, 2022.**

By signing below, it means that the team or players are understand the rules well and will follow it and play for fun and safely.

Team Name \_\_\_\_\_

Captain Name: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Takraw/Kator or Cane Ball Team Application

Division A: \$150

Division B: \$60

Team Name: \_\_\_\_\_ Division A/B

Captain/Coach/Manager Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone# \_\_\_\_\_ Email \_\_\_\_\_

How Many Players in the team? \_\_\_\_\_

Name \_\_\_\_\_ Position: Serve/Feeder/Spike Age \_\_\_\_\_

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